



STRAWBERRY MEDICINE COUNSELLING INC.

BC's first owned and operated Indigenous Clinical Counselling Practice. Our Indigenous Mental Health Clinicians take a "Two-Eyed Seeing" approach where we take the best of our clinical training alongside our traditional knowledge to create a safe and trusting space for all those who seek balance and connection within their lives

Our highly trained Registered Clinical Counsellors offer virtual and in-person mental health services which include individual counselling, group therapy, and psycho-educational workshops all of which are grounded in Indigenous Epistemology.

Virtual Two-Eyed Seeing Individual Counselling

Per hour session and then in 15-minute increments thereafter \$180

In Community Two-Eyed Seeing Individual Counselling

Per Indigenous Mental Health Clinician per day plus billable travel expenses. \$1250

Virtual and in person Two-Eyed Seeing workshops/healing circles: Community engagement is essential to establishing the success of any program so each workshop is tailored to the community so an offering to the local elders and knowledge keepers is made so we can discuss how our services can be adapted to the community needs.

The Self Care Medicine Wheel Healing Circle

The Self Care Medicine Wheel healing circle is a medicine bundle of braided knowledge systems of wellness. Clinical Counselling and Indigenous Healing methods come together as a medicine bundle being humbly offered to anyone who seeks balance and connection. This program is offered as an 8 week online self-directed course on Podia. This comes with a Self Care Medicine Workbook Bundle.

Per Attendee \$799

Becoming Ancestors

Strawberry Medicine Grief Teachings and Moon Cycle Ceremonies. Grief is our final expression of love and we grieve so we can let our loved ones make their final journey through the Milky Way and back into the Spirit World. These ceremonies and teachings are designed to support you in your grief journey. Becoming Ancestors is offered weekly virtually during each of the moon cycles.

Per Attendee, Per One Moon Cycle of Ceremony \$399

Emotion Focused Family Therapy

Emotional Focused Family Therapy (EFFT) caregiver workshop is an exciting new intervention in which caregivers are the primary healing connection for their loved ones. It is not easy intersecting stress, anger, silence, and intergenerational trauma. EFFT is geared towards strengthening trust, safety, and attachment through connection. It will take practice, self-awareness, and many mistakes to navigate the parent/child relationship. This is an in community workshop with a 15 participant max

Two Day Workshop plus billable travel and accomodations \$10999

Circle of Security

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Virtual program Seven weeks with up to 12 to 15 participates, this will allow the parents to process and take in the program, in a safe space. Counselling services will be offered to continue the support of each of the participants.

Per 7 week Workshop, includes \$200 gifts cards completion bonus for each participant \$10999

**ASK ABOUT OUR SERVICE AGREEMENTS FOR
YOUR NATION/ORGANIZATION**

Phone

778-510-5727

Website

<https://www.strawberrymedicine.com>



Stephanie Erickson



Vanessa Carpenter

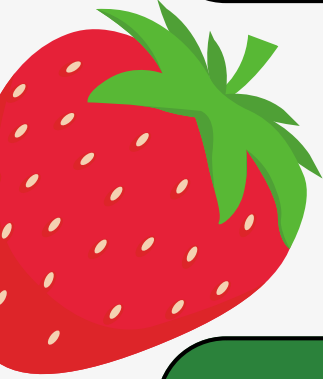


Sara French



Kirstie West

THE BENEFITS OF



A SERVICE AGREEMENT

1 PRIORITY IN COMMUNITY WORKSHOPS

Workshops are booked quarterly seasons and with a Service Agreement, you will get first pick for dates.

2 THERAPEUTIC ALLIANCE

Ensuring late cancellations and no show fees are paid, keeps the therapeutic alliance strong and therefore clients will not have to seek out a new Clinician due to financial barriers.

3 CRISIS COUNSELLING

Each member can pick and choose their Clinician and will have access to all Clinicians if theirs is not available.

4 PRIORITY APPOINTMENT TIMES

You can learn new valuable skills depending on how active you do volunteering activities.

“ **MEDICINE FOR THE PEOPLE** ”

Find out more information:



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